



OXYGEN [MHBOT]

Breathe pure oxygen in a pressurized pod. The aim is to repair tissue and restore body function. MHBOT (Mild-Hyperbaric Oxygen Therapy) encourages the body's oxygen radical scavengers to target problems or injuries, aiding in healing and recovery. It also helps reduce inflammation while increasing the oxygenation of tissues with rich oxygenated blood.

Session time: 60 minutes

x1
session

R580

x5
sessions

R2500

x10
sessions

R3999